

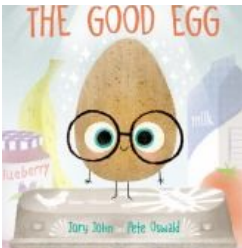
# MORE RESOURCES ON THIS TOPIC

*Let's Get Real!*

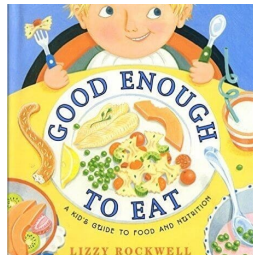
## Websites:

- Real Food Challenge: <https://www.realfoodchallenge.org/what-real-food/>
- 100 Days of Real Food: <https://www.100daysofrealfood.com>
- Real Food 4 Kids online Cooking Classes: <https://www.realfood4kids.com>
- Kids Cook Real Food: <https://kidscookrealfood.com>

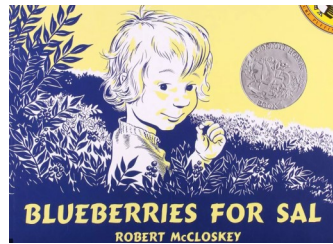
## Books/Cookbooks:



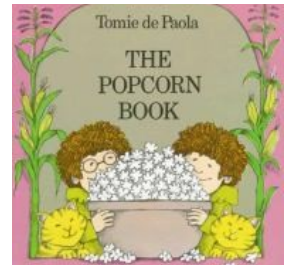
**\*The Good Egg**  
Jory John



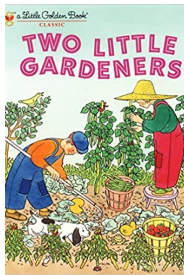
**Good Enough to Eat**  
Lizzy Rockwell



**\*Blueberries for Sal**  
Robert McCloskey



**\*The Popcorn Book**  
Tomie DePaola



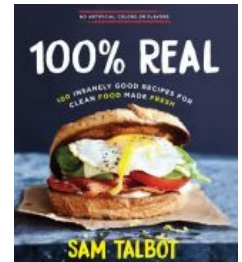
**Two Little Gardeners**  
Margaret Wise Brown



**Can I eat That?**  
Joshua David Stein

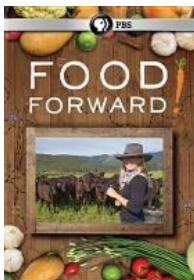


**\*More Veggies Please; Kid approved meals with veggies**  
Nikki Dinki

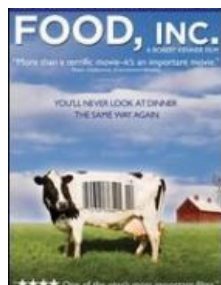


**\*100% Real Cookbook**  
Sam Talbot

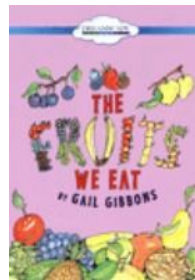
## Documentaries/DVDs



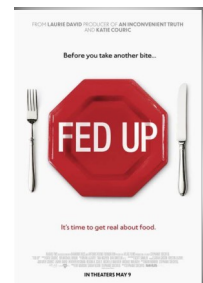
**\*Food Forward**  
(2015)



**\*Food, Inc**  
(2009)



**\*The Fruits We Eat**  
(2016)



**\*Fed Up**  
(2014)